

**Bachelor of Science in Kinesiology: Major in Exercise Science**  
**Guided Major Electives**

Choose six (18 hrs.) of the following courses to complete your guided elective requirement. Many of these options represent a minor. Students should explore the possibility of obtaining a minor through the guided electives. It should be noted that the options presented below are suggestions. There may be other options that better prepare students for graduate study and/or a specific career path. You may also consult with Dr. Joyner, the Undergraduate Program Coordinator. Please consult with your advisor if you wish to pursue a minor in one of these areas.

**Sports Medicine**

Course	Course Name	Pre-Requisite
KINS 3330	Prevention of Injury & Illness	HLTH 2120 for non-Sports Med. Majors, C or better in KINS 2531/2511 & KINS 2532/2512
KINS 3331	Path/Care of Sport Injury and Illness	KINS 3330
KINS 4330	Evaluation of Lower Extremity Injuries	KINS 3330
KINS 4331	Evaluation of Upper Extremity Injuries	KINS 3330
KINS 4332	Therapeutic Modalities in Sports Med.	PHYS 1111, PHYS 1112 and KINS 3330
KINS 4333	Therapeutic Exercise and Rehabilitation	KINS 4330 and KINS 4331

**Coaching Behavior**

Course	Course Name	Pre-Requisite
KINS 3430	Principles of Coaching	None
KINS 3431	Psychology of Coaching	None
KINS 4420	Sport Conditioning Laboratory	None
KINS 4730	Coaching Practicum	Beginning coaching course in the sport or POI
KINS 3426	Coaching Baseball and Softball	None
KINS 3427	Coaching Basketball	None
KINS 3428	Coaching Football	None
KINS 3429	Coaching Olympic Sports	None
KINS 4421	Principles of Officiating	None

**Health Behavior**

Course	Course Name	Pre-Requisite
HLTH 2130	Foundations of Health Education	None
HLTH 3133	Health Promotion Program Planning	HLTH 2130 or POI
HLTH 3330	Behavioral Approaches to Health Programs	HLTH 2130
HLTH 3331	Stress Theory/MGNT. IN Health Programs	HLTH 2130 or POI
HLTH 4330	Promotional Strategies for Health Programs	HLTH 2130
HLTH 4331	Indiv./Group Strategies for Hlth Beh. Change	HLTH 2130 for Health majors or POI for non-Health majors

**Community Health**

Course	Course Name	Pre-Requisite
HLTH 2130	Foundations of Health Education	None
HLTH 3133	Health Promotion Program Planning	HLTH 2130 or POI
HLTH 3230	Community Health	HLTH 2130, HLTH 3131, or POI
HLTH 3231	Epidemiology and Vital Statistics	HLTH 2130, HLTH 3131, or POI
HLTH 4230	Maternal and Child Health	HLTH 2130 for Health majors or POI for non-Health majors
HLTH 4231	Health Aspects of Aging	HLTH 3230 or POI

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**Nutrition & Food Science**

Course	Course Name	Pre-Requisite
NTFS 2534	Introduction to Food Science	None
NTFS 2535	Nutrition and Diet Therapy	8 hr. Lab Science or POI
NTFS 3534	Human Nutrition	CHEM 1140 or POI
NTFS 3537	Advanced Food Science	NTFS 2534, NTFS 3534, CHEM 1140, or POI
NTFS 3535	Life Cycle Nutrition	NTFS 2530, NTFS 2535, NTFS 3534, or POI
NTFS 4539	Issues and Trends in Food Science	NTFS 3537 or POI

**Psychology**

Course	Course Name	Pre-Requisite
PSYC 3334	Social Psychology	PSYC 1101
PSYC 3335	Personality Psychology	PSYC 1101
PSYC 4430	Cognitive Psychology	PSYC 1101
PSYC 4431	Motivation and Emotion	PSYC 1101
PSYC 5230	Health Psychology	PSYC 1101
PSYC 5430	Physiological Psychology	PSYC 1101

**Sport Management**

Course	Course Name	Pre-Requisite
SMGT 2130	Intro. to Sport Management	None
SMGT 2230	Social Issues of Sport	None
SMGT 3230	Economics of Sport	ACCT 2030, COMM 2332, ECON 2105, RECR 2330, SMGT 2130, SMGT 2230, and STAT 2231
SMGT 4330	Facility and Event Management	ACCT 2030, COMM 2332, ECON 2105, RECR 2330, SMGT 2130, SMGT 2230, and STAT 2231
SMGT 4336	Sport Business Operations	SMGT 3230, SMGT 3236, and SMGT 3238
SMGT 4337	Legal Aspects of Sport	ACCT 2030, COMM 2332, ECON 2105, RECR 2330, SMGT 2130, SMGT 2230, and STAT 2231

Approved 6/06

Rev 6/07

POI = Permission of Instructor