

NAME: \_\_\_\_\_

ID #: \_\_\_\_\_

AREA A: Essential Skills (9 hrs.)	Sem	Grade	Credit
*ENGL 1101 Composition I			3
*ENGL 1102 Composition II			3
*MATH 1101, MATH 1111, or higher			3
<b>AREA B: Institutional Options (4 hrs.)</b>			
HIST 1112 World History II			3
IDS 2210 Turning Pts. & Connections			1
<b>AREA C: Human/Fine Arts (6 hrs.)</b>			
<i>Option 1</i> ENGL 2111 (Lit I) <i>or</i> ENGL 2112 (Lit II)			3
<b>AND</b> one of the following: MUSC 1100, PHIL 1030, ART 1000, <b>COMM 1110</b> , THEA 1100, RELS 2130, HUMN 2433, HUMN 2434, Foreign Language 1001 or higher _____			3
<i>Option 2</i> HUMN 2321 ( <i>and</i> )			3
HUMN 2322			3
<b>AREA D: Science/Math/Tech (11 hrs.)</b>			
<i>D1, Traditional Lab Science</i> <b>CHEM 1140</b> is required for major, BIOL 1130/1110, CHEM 1145, GEOL 1121/1110, PHYS 1111/1112, PHYS 2211/1113, ASTR 1010/1211, or ASTR 1020/1211			3/1
<i>D2, Environment Lab Science</i> BIOL 1230/1210, CHEM 1040, PHYS 1149, or GEOL 1330/1310			3/1
<i>D3, Science/Math/Tech</i> See catalog for the list of approved courses. <b>STAT 2231</b>			3
<b>AREA E: Social Science (12 hrs.)</b>			
HIST 2110 The United States			3
POLS 1101 American Government			3
ECON 2105 Global Economics			3
<b>ONE</b> of the following: ANTH 1102, <b>PSYC 1101</b> , SOC 1101, GEOG 1130			3
<b>GSU Requirements (5 hrs.)</b>			
KINS (1)		KINS (1)	
GSU 1210 (1)		HLTH 1520 (2)	
* A grade of "C" or better is required. <b>Bold, Underlined courses</b> are preferred by the Department and may be required in your program of study.			

AREA F: Major Requirements (18 hrs.)	Sem	Grade	Credit
HNRM 2334 Hospitality Acct. & Finance			3
ACCT 2030 Survey of Accounting			3
CHEM 1140 Intro. to Gen./Org. Chemistry (If not taken in Area D)			0-4
BIOL 2240 Microbiology w/Lab			4
<i>Restricted Electives: 4-8 Hours</i> (All are required courses for the major)			
KINS 2531/2511 Anat. & Phys. I w/Lab (4)			
KINS 2532/2512 Anat. & Phys. II w/Lab (4)			
SOCI 1101 <i>or</i> ANTH 1102 (3)			
PSYC 1101 (3) - (If not taken in Area E)			
STAT 2231 (3)			
CISM 1120/1110 (2/1)			
<b>Major Courses (34 hrs.)</b>			
NTFS 2514 Professional Practice Strategies			1
NTFS 2534 Introductory Food Science			3
NTFS 3534 Human Nutrition			3
NTFS 3535 Life Cycle Nutrition			3
NTFS 3536 Meal Management			3
NTFS 3537 Advanced Food Science			3
NTFS 3730 Quantity Food Practicum			3
NTFS 4535 Community Nutrition			3
NTFS 4536 Metabolic Nutrition			3
NTFS 4537 Experimental Food Science			3
NTFS 4534 Medical Nutrition Therapy I			3
NTFS 4538 Medical Nutrition Therapy II			3
<b>Non Major Requirements (20 hrs.)</b>			
HLTH 2510 Medical Terminology			1
HNRM 3324 Foodservice Theory			2
MGNT 3130 Mgmt. & Organiz. Behavior			3
CHEM 2542 Nutritional Biochemistry			4
NTFS 4610 Senior Seminar			1
<b>Remaining Restricted Electives (9 hrs.)</b> Required courses not completed in Areas D, E, or F will be completed here			
			3
			3
			3
<b>Other Requirements (6 hrs.)</b>			
Foreign Language 2001 <i>OR</i> Approved International Studies class			3
Free Elective (cannot be NTFS)			3

## Suggested Four Year Course Sequence

Course	Hrs.	Prerequisite
<b>Semester One</b>		
ENGL 1101	3	None
PSYC 1101	3	None
GSU 1210	1	None
CHEM 1140	4	None
HLTH 1520	2	None
MATH 1101 or 1111	3	None
<b>Semester Two</b>		
ENGL 1102	3	ENGL 1101
HIST 1112	3	None
NTFS 2534	3	None
CISM 1120/1110	2/1	None
SOCI 1101		
Or ANTH 1102	3	None
<b>Semester Three</b>		
ENGL 2111 or 2112	3	ENGL 1102
ACCT 2030	3	None
D2 Env. Lab Science	3/1	None
<b>NTFS 3534</b>	<b>3</b>	<b>CHEM 1140 or POI</b>
<b>NTFS 2514</b>	<b>1</b>	<b>None</b>
KINS Activity	1	None
<b>Semester Four</b>		
<b>CHEM 2542</b>	<b>4</b>	<b>CHEM 1140</b>
<b>NTFS 3535</b>	<b>3</b>	<b>NTFS 3534 or POI</b>
STAT 2231	3	MATH 1101, 1111, or higher
Area C Elective	3	See catalog
HIST 2110	3	None
<b>Semester Five</b>		
KINS 2531/2511	3/1	None
NTFS 3536	3	NTFS 2534 and NTFS 3534
HNRM 2334	3	ACCT 2030
ECON 2105	3	None
POLS 1001	3	None
<b>Semester Six</b>		
KINS 2532/2512	3/1	KINS 2531
NTFS 3537	3	NTFS 2534, 3534, CHEM 1140, or POI
BIOL 2240	4	4 hr. lab course & Sophomore status
HLTH 2510	1	None
<b>Semester Seven</b>		
<b>NTFS 4534</b>	<b>3</b>	<b>KINS 2532/2512, CHEM 2542, HLTH 2510</b>
<b>NTFS 4535</b>	<b>3</b>	<b>NTFS 3534 and NTFS 3535 or POI</b>
<b>NTFS 4536</b>	<b>3</b>	<b>CHEM 2542, KINS 2532/2512, NTFS 3534, or POI</b>
NTFS 4537	3	NTFS 3537, STAT 2231, or POI
HNRM 3324	2	HNRM 2334, NTFS 2534, or POI
IDS 2210	1	HIST 1112
<b>Semester Eight</b>		
NTFS 4610	1	NTFS 2514 & NTFS 4536
<b>NTFS 3730</b>	<b>3</b>	<b>HNRM 2334, NTFS 2534, BIOL 2240, or POI</b>
<b>NTFS 4538</b>	<b>3</b>	<b>NTFS 4534</b>
MGNT 3130	3	Completion of 55 semester hours
Free Elective	3	See catalog
For. Lang. 2001		
Or Int. Studies	3	See catalog

## Advisement

“Georgia Southern University accepts the premise that ultimately a student’s program is his or her own responsibility.”  
 —General Catalog

All first year and sophomore NTFS students will be advised in the Student Services Center (SSC) until they have earned 60 hours of credit.

Student Services Center  
 0107 Hollis Building  
 Georgia Ave. and Herty Drive  
 Tel: 871-1931  
 Email: [chps\\_ssc@GeorgiaSouthern.edu](mailto:chps_ssc@GeorgiaSouthern.edu)  
 Web: <http://chhs.georgiasouthern.edu/students>

**At 60 hours (junior standing) your file will be sent to the Department of Health and Kinesiology** so that you can be advised by a faculty advisor your junior and senior years. The SSC will notify you by letter to your Landrum P.O. Box and/or by email to your official GSU email address. Contact your department directly for advisement at this point:

Department of Health and Kinesiology  
 2115 Hollis Building  
 Georgia Ave. and Herty Drive  
 Tel: (912) 681-0200  
 Web: [http://chhs.georgiasouthern.edu/health/u\\_nutrition\\_food\\_science.html](http://chhs.georgiasouthern.edu/health/u_nutrition_food_science.html)

## Important Reminders

- ◆ Students are required to make an appointment with their advisor well in advance of the beginning of registration each semester.
- ◆ Keep your personal information update on WINGS.
- ◆ Check your University Email account and Landrum P.O. Box *at least once a week*.
- ◆ One year prior to your anticipated graduation, contact your faculty advisor and make an appointment to clear for graduation.
- ◆ **Check the web often:**  
<http://chhs.georgiasouthern.edu/students>