

NAME: \_\_\_\_\_

ID #: \_\_\_\_\_

AREA A: Essential Skills (9 hrs.)	Sem	Grade	Credit
*ENGL 1101 Composition I			3
*ENGL 1102 Composition II			3
*MATH 1111 or higher			3
<b>AREA B: Institutional Options (4 hrs.)</b>			
HIST 1112 World History II			3
IDS 2210 Turning Pts. & Connections			1
<b>AREA C: Human/Fine Arts (6 hrs.)</b>			
<i>Option 1</i> ENGL 2111 (Lit I) <i>or</i> ENGL 2112 (Lit II)			3
<b>AND</b> one of the following: MUSC 1100, PHIL 1030, ART 1000, COMM 1110, THEA 1100, RELS 2130, HUMN 2433, HUMN 2434, Foreign Language 1001 or higher _____			3
<i>Option 2</i> HUMN 2321 ( <i>and</i> )			3
HUMN 2322			3
<b>AREA D: Science/Math/Tech (11 hrs.)</b>			
<i>*D1, Traditional Lab Science</i> <b>CHEM 1145</b> , BIOL 1130/1110, CHEM 1140, GEOL 1121/1110, PHYS 1111/1113, PHYS 2211/1113, ASTR 1010/1211, or ASTR 1020/1211			3/1
<i>*D2, Environment Lab Science</i> <b>BIOL 1230/1210</b> , CHEM 1040, PHYS 1149, or GEOL 1330/1310			3/1
<i>*D3, Science/Math/Tech</i> See catalog for the list of approved courses. <b>STAT 2231</b>			3
<b>AREA E: Social Science (12 hrs.)</b>			
HIST 2110 The United States			3
POLS 1101 American Government			3
ECON 2105 Global Economics			3
<b>ONE</b> of the following: <b>ANTH 1102, PSYC 1101,</b> SOC 1101, GEOG 1130			3
<b>GSU Requirements (5 hrs.)</b>			
KINS (1)		KINS (1)	
GSU 1210 (1)		HLTH 1520 (2)	

\* A grade of "C" or better is required.  
**Bold, Underlined courses** are preferred by the Department and may be required in your program of study.

Note: An 8 hr. lab sequence and an additional lab science are required in Areas D & F. Any "extra" hours resulting from this requirement are applied to Guided Major Elective hours.  
Preferred courses: CHEM 1145, CHEM 1146 & BIOL 1230/1210; or BIOL 1130/1110, BIOL 1230/1210 & CHEM 1140; or CHEM 1140, CHEM 1040 & BIOL 1130/1110.

AREA F: Courses Appropriate to the Major (18 hrs.)	Sem	Grade	Credit
*KINS 2531/2511 Anat. & Phys. I w/Lab			3/1
*KINS 2532/2512 Anat. & Phys. II w/Lab			3/1
*BIOL 2240 Microbiology			4
*NTFS 2530 Nutrition and Health			3
*Additional Required Lab Science (see note above)			3
<b>Major Courses (57 hrs.)</b>			
<b>Health Science Courses (15 hrs.)</b>			
*HLTH 2130 Foundations of Health Ed.			3
*HLTH 3131 Health and Disease			3
*HLTH 3132 Health Care Systems			3
*HLTH 3133 Health Promo. Prog. Planning			3
*HLTH 3134 Research Methods and Eval.			3
<b>Community Health Courses (24 hrs. plus 12 hr. Internship)</b>			
*HLTH 2120 Safety Prin. & First Aid Tech.			2
*HLTH 3130 Substance Use and Abuse			3
*HLTH 3230 Community Health			3
*HLTH 3231 Epidemiology & Vital Statistics			3
*HLTH 3330 Behavioral Appr. to Hlth. Prog.			3
*HLTH 4230 Maternal & Child Health			3
*HLTH 4231 Health Aspects of Aging			3
*HLTH 4330 Prom. Strat. for Health Prgms			3
*HLTH 4618 Senior Seminar in Comm. Hlth			1
*HLTH 4798 Internship (2.50 GPA required) <i>OR</i>			12
Non-internship Option - Meet with Undergraduate Health Science Coordinator & have 12 hr. course plan approved:			
*			3
*			3
*			3
*			3
Free Elective (cannot be HLTH)			3
<b>Guided Major Electives (2000 or higher) (6 hrs.)</b>			
*			3
*			3

## Suggested Four Year Course Sequence

Course	Hrs.	Prerequisite
<b>Semester One</b>		
ENGL 1101	3	None
HIST 1112	3	None
MATH 1111	3	None
CHEM 1145	4	None
HLTH 1520	2	None
GSU 1210	1	None
<b>Semester Two</b>		
ENGL 1102	3	ENGL 1101
HIST 2110	3	None
IDS 2210	1	HIST 1112
PSYC 1101		
Or ANTH 1102	3	None
BIOL 1230/1210	3/1	None
HLTH 2120	2	None
<b>Semester Three</b>		
ENGL 2111 or 2112	3	ENGL 1102
POLS 1101	3	None
KINS 2531	3	None
KINS 2511	1	None
STAT 2231	3	MATH 1101, 1111, or higher
HLTH 2130	3	None; <b>Important prerequisite</b>
KINS Activity	1	See catalog
<b>Semester Four</b>		
KINS 2532	3	C or higher in KINS 2531
KINS 2512	1	None
CHEM 1146	4	CHEM 1145
NTFS 2530	3	None
ECON 2105	3	None
Area C Elect.	3	See catalog
<b>Semester Five</b>		
BIOL 2240	4	4 hr. lab science in Biol. or Chem. and Sophomore standing
HLTH 3131	3	C or higher in KINS 2531/2511, KINS 2532/2512
HLTH 3133	3	HLTH 2130 or POI
HLTH 3230	3	HLTH 2130 & HTLH 3131 or POI
HLTH 3330	3	HLTH 2130
KINS Activity	1	See catalog
<b>Semester Six</b>		
HLTH 3130	3	None
HLTH 3132	3	HLTH 2130 or POI
HLTH 3134	3	HLTH 3133
HLTH 3231	3	HLTH 2130, HLTH 3131, or POI
Guided Major Elect.	3	See catalog
<b>Semester Seven</b>		
HLTH 4230	3	HLTH 2130 or POI
HLTH 4231	3	HLTH 3230 or POI
HLTH 4330	3	HLTH 2130
HLTH 4618	1	Senior status & HLTH 3131 or equivalent
Guided Major Elect.	3	See catalog
Free Elective	3	See catalog; outside the major
<b>Semester Eight</b>		
HTLH 4798	12	2.50 GPA and C or higher in all major courses, guided major electives, & Area F courses

## Advisement

“Georgia Southern University accepts the premise that ultimately a student's program is his or her own responsibility.”  
—General Catalog

### Advisement & Admission Requirements

All **freshman and sophomore** Community Health students will be designated as “Pre-Community Health” majors and will be advised in the Student Services Center (SSC).

Any major who has more than 59 hours of credit but less than a 2.0 GPA will continue to be advised in the SSC until he/she has a 2.0 GPA.

Student Services Center (SSC)  
0107 Hollis Building  
Georgia Ave. and Herty Drive  
Tel: 871-1931  
Email: [chhs\\_ssc@georgiasouthern.edu](mailto:chhs_ssc@georgiasouthern.edu)  
Web: <http://chhs.georgiasouthern.edu/students>

### Admission to the Major Requires

1. Admission to Georgia Southern University.
2. Adjusted GPA of 2.0 or better on all course work, including transfer work.
3. Completion of a minimum of 30 semester hours.
4. A grade of “C” or better on all work in Areas A, D, and F.

At **60 hours (junior standing)**, if you have met the requirements for admission to the major, **your file will be sent to the Dept. of Health & Kinesiology**. You will be notified by letter to your Landrum P.O. Box and/or by email to your official GSU email address. You should contact the department directly for advisement by faculty from this point on:

Department of Health and Kinesiology  
2115 Hollis Building  
Georgia Ave. and Herty Drive  
Tel: (912) 681-0200  
Web: [http://chhs.georgiasouthern.edu/health/u\\_comm\\_health.html](http://chhs.georgiasouthern.edu/health/u_comm_health.html)

### Guided Major Electives

These are advisor approved electives. See your advisor for guidelines.