

NAME: \_\_\_\_\_

ID #: \_\_\_\_\_

AREA A: Essential Skills (9 hrs.)	Sem	Grade	Credit
*ENGL 1101 Composition I			3
*ENGL 1102 Composition II			3
*MATH 1111 or higher			3
<b>AREA B: Institutional Options (4 hrs.)</b>			
HIST 1112 World History II			3
IDS 2210 Turning Pts. & Connections			1
<b>AREA C: Human/Fine Arts (6 hrs.)</b>			
<i>Option 1</i> ENGL 2111 (Lit I) <i>or</i> ENGL 2112 (Lit II)			3
<b>AND</b> one of the following: MUSC 1100, <b>PHIL 1030</b> , ART 1000, <b>COMM 1110</b> , THEA 1100, RELS 2130, HUMN 2433, HUMN 2434, Foreign Language 1001 or higher _____			3
<i>Option 2</i> HUMN 2321 ( <i>and</i> )			3
HUMN 2322			3
<b>AREA D: Science/Math/Tech (11 hrs.)</b>			
<i>*D1, Traditional Lab Science</i> <b>CHEM 1145</b> , BIOL 1130/1110, CHEM 1140, GEOL 1121/1110, PHYS 1111/1112, PHYS 2211/1113, ASTR 1010/1211, or ASTR 1020/1211			3/1
<i>*D2, Environment Lab Science</i> <b>BIOL 1230/1210</b> , CHEM 1040, PHYS 1149, or GEOL 1330/1310			3/1
<i>*D3, Science/Math/Tech</i> See catalog for the list of approved courses. <b>CHEM 1146</b>			3
<b>AREA E: Social Science (12 hrs.)</b>			
HIST 2110 The United States			3
POLS 1101 American Government			3
ECON 2105 Global Economics			3
<b>ONE</b> of the following: ANTH 1102, <b>PSYC 1101</b> , SOC 1101, GEOG 1130			3
<b>GSU Requirements (5 hrs.)</b>			
KINS (1) ( <b>1114</b> )	KINS (1) ( <b>1418</b> )		
GSU 1210 (1)	HLTH 1520 (2)		
*A grade of "C" or better is required. <b>Bold, Underlined courses</b> are preferred by the Department and may be required in your program of study.			

Sports Medicine/Athletic Training majors must complete *Fundamentals* to include:  
**MATH 1112, CHEM 1145, CHEM 1146, PHYS 1111/1113 and PHYS 1112/1114.**  
Students who are not able to complete the *Fundamentals* in Areas A, D, or F will take  
these courses as part of their Guided Major Electives and/or as course substitutions in  
the Kinesiology & Sport Medicine core. Any substitutions to be determined by the Health  
& Kinesiology Dept. Chair.

AREA F: Major Requirements (18 hrs.)	Sem	Grade	Credit
*KINS 2531/2511 Anat. & Phys. I w/Lab			3/1
*KINS 2532/2512 Anat. & Phys. II w/Lab			3/1
*NTFS 2530 Nutrition & Health			3
*MATH 1112 Trig. (If not taken in Area A)			3
*PHYS 1111/1113 Physics I w/Lab			0-4
<i>Guided Electives</i> PHYS 1112/1114			0-7
<b>Major Courses (39 hrs.)</b>			
<b>Kinesiology Core (18 hrs.)</b>			
*KINS 3130 Research Methods			3
*KINS 3131 Biophys. Found. of Movement			3
*KINS 3132 Found. of Exercise/Sport Psc.			3
*KINS 3133 Physio. Aspects of Exercise			3
*KINS 3134 Bio. Analysis of Movement			3
*KINS 4130 Admin. Prin. in Kinesiology			3
<b>Sports Medicine Core (27 hrs.)</b>			
*KINS 3330 Prev. Inj/Illness in Sport. Med.			3
*KINS 3331 Path/Care of Sport Inj/Illness			3
*KINS 4330 Eval. of Lower Extremity Inj.			3
*KINS 4331 Eval. of Upper Extremity Inj.			3
*KINS 4332 Ther. Modalities in Sport Med.			3
*KINS 4333 Therapeutic Exercise/Rehab			3
*KINS 4334 Pharmacological Issues			3
*KINS 4618 Senior Seminar			1
<b>Guided Major Electives (5 hrs.)</b> (Includes Fundamentals from Areas A, D, & F)			
*			3
*			3
<b>Sports Medicine Clinical Courses (12 hrs.)</b>			
*KINS 2321 Clinical Skills in Sport Med. I			2
*KINS 2322 Clinical Skills in Sport Med. II			2
*KINS 3321 Clinical Apps. in Sport Med. I			2
*KINS 3322 Clinical Apps. in Sport Med. II			2
*KINS 4721 Clinical Pract. in Sport Med. I			2
*KINS 4722 Clinical Pract. in Sport Med. II			2
Free Elective (outside the major)			3

## Suggested Four Year Course Sequence

Course	Hrs.	Prerequisite
<b>Semester One</b>		
ENGL 1101	3	None
HIST 1112	3	None
MATH 1111		
Or higher	3	None
KINS 2531	3	None
KINS 2511	1	None
KINS Activity	1	None
GSU 1210	1	None
<b>Semester Two</b>		
ENGL 1102	3	ENGL 1101
IDS 2210	1	HIST 1112
KINS 2532	3	C or higher in KINS 2531
KINS 2512	1	None
MATH 1112	3	None
CHEM 1145	4	None
		Apply to the program
<b>Semester Three</b>		
ENGL 2111 or 2112	3	ENGL 1102
CHEM 1146	4	CHEM 1145
KINS 2321	2	Sports Medicine Major status (accepted)
KINS 3330	3	C or higher in KINS 2532
PHYS 1111	3	MATH 1112, 1113, or equivalent
PHYS 1113	1	None
KINS Activity	1	None
<b>Semester Four</b>		
PSYC 1101	3	None
KINS 3131	3	C or higher in KINS 2531/2511, KINS 2532/2512
PHYS 1112	3	PHYS 1111
PHYS 1114	1	Concurrent or prior completion of PHYS 1112
KINS 2322	2	C or higher in KINS 2321
ECON 2105	3	None
KINS 3331	3	KINS 3330
<b>Semester Five</b>		
NTFS 2530	3	None
HIST 2110	3	None
KINS 3321	2	C or higher in KINS 2321
KINS 4330	3	C or higher in KINS 3330
KINS 4332	3	C or higher in PHYS 1111, 1112, & KINS 3330
HLTH 1520	2	None
<b>Semester Six</b>		
POLS 1101	3	None
BIOL 1230	3	None
BIOL 1210	1	None
KINS 3322	2	C or higher in KINS 3321
KINS 4331	3	C or higher in PHYS 1111, 1112, & KINS 3330
KINS 4333	3	C or higher in KINS 4330 & KINS 4331
<b>Semester Seven</b>		
KINS 3130	3	None
KINS 4618	1	Senior status
KINS 4130	3	None
KINS 4334	3	C or higher in CHEM 1145, 1146, & KINS 3330
KINS 4721	2	KINS 3321 & Senior status
Area C Elective	3	See catalog
<b>Semester Eight</b>		
KINS 3134	3	C or higher in KINS 3131 & PHYS 1111/1113
KINS 3132	3	PSYC 1101
KINS 3133	3	C or higher in KINS 3131
KINS 4722	2	KINS 4721 & Senior status
Free Elective	3	See catalog; outside of major
Guided Elective	3	See catalog

## Advisement

“Georgia Southern University accepts the premise that ultimately a student's program is his or her own responsibility.”

—General Catalog

## Admission Requirements

1. Admission to Georgia Southern University.
2. Adjusted GPA of 3.0 or better on all course work, including transfer work.
3. Completion of a minimum of 15 semester hrs. and enrollment in at least 12 semester hrs. at time of application (4 hrs. in Area D).
4. A grade of C or better on all work in Areas D & F.
5. A personal interview and writing sample.
6. Twenty-five observation hours with a certified athletic trainer.
7. Students must submit an application to the Athletic Training/Sports Medicine Program. Applications are available in the Student Services Center or the Health & Kinesiology Dept, Hollis Bldg, Room #2115.

◆ **Guided Major Electives:** Advisor approved electives. See advisor for a list of course options.

◆ Student is responsible for any prerequisites for elective classes; prerequisite credit hours may be in addition to those required by program of study.

◆ Students may elect to sub PHYS 2211 for PHYS 1111 with advisor approval.

## Remember

Students are required to make an appointment with their advisor well in advance of the beginning of registration each semester.

◆ How to contact the SSC:  
Student Services Center  
0107 Hollis Building  
Georgia Ave. and Herty Drive  
Tel: 871-1931  
Email: [chps\\_ssc@GeorgiaSouthern.edu](mailto:chps_ssc@GeorgiaSouthern.edu)  
Web: <http://chhs.georgiasouthern.edu/students>

◆ The General Catalog is available online at:  
[www.collegesource.org](http://www.collegesource.org). Links to the catalog can be found at: <http://chhs.georgiasouthern.edu/students>  
Or <http://students.georgiasouthern.edu/registrar>